

Breaking the Cycle... Monica's Story

My name is Monica, and I am an addict. I grew up in a family of addicts, so I learned at a young age that it was okay to use drugs. I started using when I was 11 years old, and I continued to use into my adult years. I liked the way that drugs and alcohol made me numb, and I didn't have to have feelings.

My addiction was at its worst when my dad passed away in 2005. I made some mistakes that led me to prison. I did my time, and while I was there I took programs and classes to better myself and make changes in my life. I knew that I needed a change and could not keep going down the wrong road. That is not the life that I wanted to show my kids. I had to break the cycle.

I completed a 15 month long treatment program. When I was released from prison, I was fortunate enough to get a job here at Rebuild Resources. It is like a family here. We have all been through the same situations and experiences. We understand what we're each going through, and our struggles in recovery.

Along with the meetings and support here at Rebuild, I am attending 12-Step meetings and Women in Recovery groups. I take my recovery very seriously. It is the most important thing in my life. Without it, I know that I will go back to being the old me. I have been sober now for 3 years and 10 months.

I have lots of hope for my future; it has never looked so good. I look forward to spending quality time with my children. I am hoping to go back to school to be a drug and alcohol counselor. I would like to help other people who are in addiction. I am grateful for the experiences of my past, because they have made me the person that I am today!!



Refusing to Give Up... Darrell's Story

I grew up learning the ways of the streets, and came to believe that this was the only way to live. I found myself in and out of the county jail, the father of four children, in a very bad relationship, living in my parent's house, and addicted to cocaine and alcohol.

While in a whirlwind of confusion and fear, I found myself in jail, once again, but this time facing a 10-year sentence. My life had just hit bottom, and hope was nowhere in sight. I decided to make a change in my life by submitting my will over to GOD as I understand him.



While incarcerated, I took advantage of many opportunities that were provided, helping me understand the direction I needed to go. As I planned out my course of action, two issues seemed to continually arise: employment and housing. Being an ex-felon, I felt that no one would ever hire me.

Upon my release, I found that finding a job was very difficult. I had to remember and use all of the tools that I had developed while incarcerated. I refused to give up. While living in a half-way house, a roommate told me about a job lead at Rebuild.

Rebuild has helped me break through the fear that kept me imprisoned for so long. I am now in the apprenticeship program, loving my job and the responsibilities that come with it. I still feel that I am where I need to be. I am a proud father, community member, volunteer, and church member who knows what it feels like to be valued and loved for who I am.



A Brighter Future... Nou's Story

I have been an addict for eleven years. I thought my life was fine because I kept a job, paid my bills and got high. I thought I was doing fine, but when it came down to it, life wasn't complete. I was using my money to get high, and I lost custody of my kids.

I got sober at the beginning of this year, and finally got my life straight. Rebuild gave me a chance to make an honest living, instead of running the streets and selling dope. Now I know I'll get a paycheck, and can actually provide for my kids. I'm not worried about having to go back to jail, or do something illegal to provide for my family.

I'm getting my life back together. I'm going back to school. I have my own place, and I plan to buy a house one day. I'm more responsible than I was seven months ago. I know I'll get my kids back.

Rebuild has taught me the job skills that employers want. With Rebuild helping me on my job search, I know that my future looks brighter.